

Grown

Music: Little Mix - Get Weird (Deluxe Edition)
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taught at the ECTA Clogging Convention 2023

Level: Advanced
Time: 2:37
BPM: 87

Sequence: **A B C A B C D C C**

Wait 16 beats, start with L

Part A: (32 Beats)

Gregory Touch Basic DS H(ots) CLK(H) HOP TCH DS RS
L R both L R R LR
R L both R L L RL
&1 e & a 2 &3 &4

Fake Gregory
mod. DS H p S H p DS RS
L R R L L RL
R L L R R LR
&1 e & a 2 &3 &4

repeat once - opposite footwork - then add:

Dirty Toe DS(xif) SLR(fwd) UP/H
L R R L
&1 & 2

Rhythm DS DT S S
R L L R
&1 e& a 2

Triple Toe Knock DS TCH(ib) S TCH(ib) S TCH(ib) S TCH SL
L R R L L R R L R
&1 e a 2 & a e & 4

Fancy Double DS DS RS RS
L R LR LR
&1 &2 &3 &4

GregaCramp DS H(ots) CLK(H) JMP TCH BA BA H H RS
L R both R L L R L R LR
&1 e & a 2 & + + 3 &4

Part B: (32 Beats)

Rhythm Slide DS DT S S S S S SL
L R R L R L R R
&1 e& a 2 & 3 & 4

Cramp Roll
& Rock Step BA BA H H RS
L R L R L
R L R L R
& + + 1 &2

Basic DS RS
L RL
R LR
&1 &2

repeat Cramp Roll, RS & Basic once - opposite footwork - then add:

Grown BA BA H H BA BA H H
L R L R L R L R
1 & 2 & 3 e & 4

Sequence: A B C A B C D C C

Stamp & Snap	STA	Snap							
	L	both hands							
	1	2							
3 Twistabing	DT TWIST	TWIST/H S	SLP	S H S				Snap	
	L both(L)	R	L L	R R L L				both hands	
	R both(R)	L	R R	L L R R				both hands	
	&a 1		& 2	e & a 3				4	
Twist mod.	DT TWIST	TWIST/H S							
	R both(R)	L	R R						
	&a 1		& 2						

Part C: (16 Beats)

Gregrolls	DS H(ots)	CLK(H)	JMP	DS	DS	DS	R		
	L R	both	R	L	R	L	R		
	&1 e	&	a	2e&	a3e	&a4	&		
Double Rolls	S DS	DS	DS	DS	R				
half	L R	L	R	L	R				
	1 e&a	2e&	a3e	&a4	&				
Step Sonic	S DT BA	TCH BA	DT BA	TCH SL					
	L R R	L L R	R	L R					
	1 e& a	2 &	a3 e	& 4					
Grown	BA BA H H	BA BA H H							
	L R L R	L R L R							
	1 &	2 &	3 e	& 4					

Part D: (16 Beats)

2 Twin Finn	DS(xib)	R(ots)	H(w & T in)	FLP(T out)	T(ib)	FLP(T in)	S		
	L	R	L	L	R	L	R		
	R	L	R	R	L	R	L		
	&1	&	2	&	3	&	4		
	R H(w & T in)	FLP(T out)	T(ib)	FLP(T in)	S RS				
	L R	R	L	R	L RL				
	R L	L	R	L	R LR				
	& 5	&	6	&	7 &8				
